



## How do I get started with CHNA Volunteering?

We offer a variety of volunteer opportunities: flyers distribution, tree planting, cleaning median and neighborhood clean up day, organizing CHNA events, etc. To get started, take a look at our volunteer form online and register for an event that suits your interest and schedule. Once registered, we will call and email you with details and directions.

See our other opportunities available if you are interested in being a board member, outreach or other volunteer.

## Are minors able to volunteer?

Volunteer opportunities are available for all ages with a few restrictions. Volunteers under the age of 18 not accompanied by their parent or guardian must provide a parental consent form at the event. Volunteers under the age of 16 must be accompanied by a parent or guardian.

## Can I receive community service credit for school?

Yes, we work with students throughout San Antonio to receive credit for volunteer hours, bring the necessary paperwork to the event and the event manager will sign off at the end.

For questions about volunteering please email Millie Gonzales [milliegar8@gmail.com](mailto:milliegar8@gmail.com) or fill out this form and bring it to the next CHNA event or board member. Questions? Contact 210-618-5673

Full Name \_\_\_\_\_

Address \_\_\_\_\_

Phone# \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_

Parent Name and Phone# if under 18  
\_\_\_\_\_

Volunteer Interests  
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